

This is based on Spok-A-Loo being on Saturday March 24th at Peperzak Middle School

	Dates and Time February 12 – March 24	Mandatory Preseason Coaches Meeting *IN PERSON at 4:15 PM	Peperzak Thursday Feb 8th 2024
	DATE	FIRST PRACTICE – 10 Practices Required	
1 Start at 78lbs.	Monday March 4th Approximate Start time 4:30 PM	Flett vs Yasuhara (Peperzak) Chase vs Sacajawea Glover vs. Spokane Garry Shaw vs Salk	Peperzak (JV and Varsity simultaneously) Spokane Garry (JV and Varsity simultaneously)
2 Start at 93lbs.	Wednesday March 6th Approximate Start time 4:30 PM	Spokane Garry vs. Salk Yasuhara (Peperzak) vs. Sacajawea Glover vs. Shaw Chase vs. Flett	Salk (JV and Varsity simultaneously) Flett (JV and Varsity simultaneously)
3 Start at 108lbs.	Monday March 11th Approximate Start time 4:30 PM	Chase vs. Spokane Garry Sacajawea vs. Glover Shaw vs. Yasuhara (Peperzak) Flett vs. Salk	Sacajawea (JV and varsity simultaneously) Shaw (JV and varsity simultaneously)
4 Start at 126lbs.	Wednesday March 13th Approximate Start time 4:30 PM	Shaw vs. Spokane Garry Flett vs. Glover Chase vs. Yasuhara (Peperzak) Salk vs. Sacajawea	Shaw (JV and Varsity simultaneously) Yasuhara (JV and Varsity simultaneously)
5 Start at 150lbs.	Monday March 18 th Approximate Start time 4:30 PM	Shaw vs. Sacajawea Yasuhara (Peperzak) vs. Glover Chase vs. Salk Spokane Garry vs. Flett	Yasuhara (JV and Varsity simultaneously) Flett (JV and Varsity simultaneously)
6 Start at 189lbs	Wednesday March 20 th Approximate Start time 4:30 PM	Yasuhara (Peperzak) vs. Spokane Garry Chase vs. Shaw Glover vs. Salk Sacajawea vs. Flett	Chase (JV and Varsity simultaneously) Glover (JV and Varsity simultaneously)
	Thursday March 21st Start at 4:15pm	SPOK-A-LOO Seeding Meeting	Peperzak
7	Saturday March 24 9:00 Start Time Ending at 1:30 PM	SPOK-A-LOO TOURNAMENT (8:15AM Seeding Update Meeting)	Peperzak